



Wellbeing

Improve Employee Wellbeing with Professional Counselling Support

Enhance Employee Productivity and Reduce Absenteeism

The importance of mental health and employee wellbeing to workplace productivity is well-known. Research shows how stress, anxiety, depression and other mental health issues can result in more unplanned absences, including sick leave, as well as higher presenteeism and increased staff turnover. Poor mental health can also negatively impact work quality and social interactions with colleagues.

Mitigating the risk of work-related mental health conditions or psychological injury has become a major focus for workplaces, especially over the course of the COVID-19 pandemic. Investment in employee wellbeing is also important to improve organisational culture and can assist in talent attraction and retention as part of an organisation's employee value proposition.

ELMO has partnered with Acacia Connection to create ELMO Wellbeing, which provides employees with important health and wellbeing resources. ELMO Wellbeing leverages ELMO technology to improve accessibility and enhance the delivery of health services, including 24/7 access to professional, confidential counselling services via an employee assistance program (EAP).

Other modules also available in ELMO Engage

- HR Core
- Survey
- Connect
- Experiences
- COVIDsecure
- Hybrid Work



Confidential Professional Support (Available 24/7)

Experienced, professional and approachable counsellors to provide employees with the best support available.



Improved Employee Experience

Improved accessibility to wellbeing resources and access to the Acacia Connection EAP via the ELMO dashboard.



Wellbeing Insights to Continuously Refine Services

Key metrics for EAP utilisation, including industry benchmarking, to ensure high-impact results.

Key Benefits

Through ELMO's partnership with Acacia Connection, ELMO Wellbeing provides employees with confidential, professional, short-term, solution-focused counselling via Acacia Connection's EAP. This service is available 24 hours a day, 365 days a year. ELMO's partnership with Acacia Connection provides employees with access to a team of over 1,300 experienced clinicians that deliver services face-to-face, over the phone, via video conference, or through live chat.

ELMO Wellbeing leverages the wider ELMO Software suite to improve access to important mental health and wellbeing information (including the Acacia Connection EAP service) via the ELMO dashboard. The employee experience can be further enriched for customers subscribed to ELMO Learning (with the ability to supplement resources with additional training resources as part of a proactive wellbeing strategy) and ELMO Survey (with the ability to improve insights related to employee wellbeing and measure the benefits of initiatives through regular pulse checks / engagement surveys).

ELMO Wellbeing also provides administrators with anonymised reports of key insights related to the Acacia Connection EAP service, including the number of employees reaching out for support, the nature of their presenting issues, the service delivery platform used, and industry benchmarking.



Wellbeing

Key Features

- ✓ Access to the employee assistance program (EAP) via the ELMO dashboard
- ✓ EAP sessions delivered face-to-face, by phone, video, or live chat according to employee preference
- ✓ Counselling support – 24/7 access, 365 days a year
- ✓ Access to high quality wellbeing content and resources, written by subject-matter experts
- ✓ Reporting and analytics, providing key metrics relating to EAP utilisation

Great alone, better together!

Harness additional benefits from ELMO Wellbeing by adding these complementary modules:

-  **Learning** Provide your employees with additional training and resources to support a proactive wellbeing strategy.
-  **Course Library** Leverage ELMO's extensive Course Library, including relevant employee and manager eLearning content, to support your health & wellbeing initiatives.
-  **Survey** Deploy surveys to improve insights related to employee wellbeing and measure the benefits of initiatives through regular pulse checks / engagement surveys.



AUSTRALIA

elmosoftware.com.au
contactus@elmosoftware.com.au
1300 884 510
ASX:ELO

NEW ZEALAND

elmosoftware.co.nz
contactus@elmosoftware.co.nz
0800 884 510